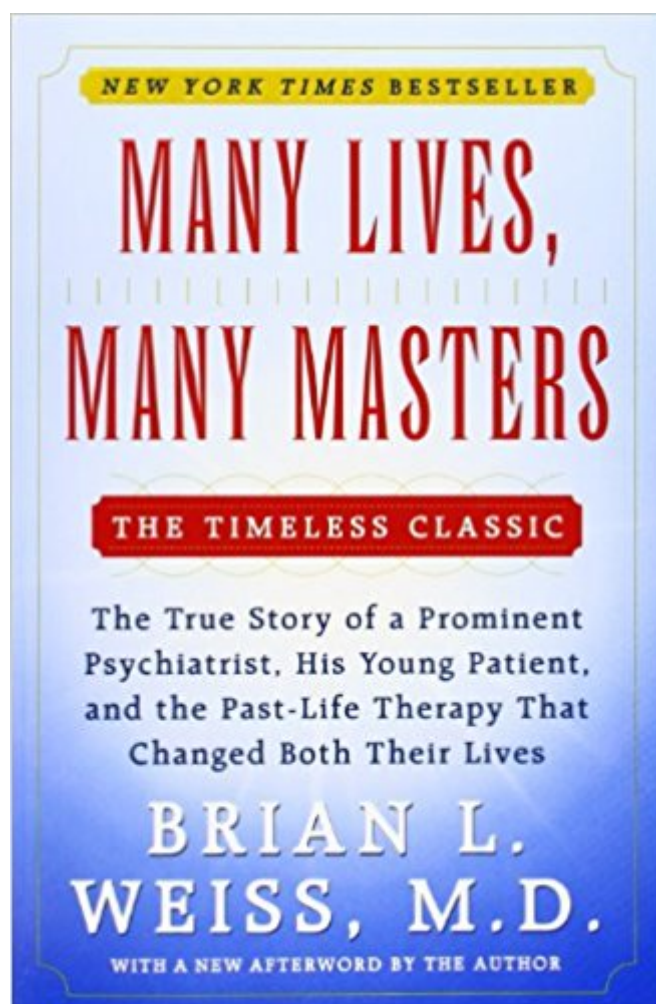


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# Many Lives, Many Masters: The True Story Of A Prominent Psychiatrist, His Young Patient, And The Past-Life Therapy That Changed Both Their Lives





## Synopsis

As featured on Oprah's "Super Soul Sunday," the classic bestseller on a true case of past-life trauma and past-life therapy from author and psychotherapist Dr. Brian Weiss now featuring a new afterword by the author. As a traditional psychotherapist, Dr. Brian Weiss was astonished and skeptical when one of his patients began recalling past-life traumas that seemed to hold the key to her recurring nightmares and anxiety attacks. His skepticism was eroded, however, when she began to channel messages from the "space between lives," which contained remarkable revelations about Dr. Weiss's family and his dead son. Using past-life therapy, he was able to cure the patient and embark on a new, more meaningful phase of his own career.

## Book Information

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## Customer Reviews

Psychiatry and metaphysics blend together in this fascinating book based on a true case history. Dr. Weiss, who was once firmly entrenched in a clinical approach to psychiatry, finds himself reluctantly drawn into past-life therapy when a hypnotized client suddenly reveals details of her previous lives. During one hypnosis session his client introduces the spirit guides who have been her soul therapists in between lives. This is when the story really takes off for Weiss, who discovers that these guides have specific messages about his dead son as well as Weiss's mission in life. No, we cannot verify the truth of this story using the limited scientific tools we have available. However, it is hard to dispute that this well-respected graduate of Columbia University and Yale Medical School

has discovered a personal truth that has led him to be an enormously popular speaker, author, and leader in the field of past-life therapy. --Gail Hudson

In 1980, Weiss, head of the psychiatry department at Mount Sinai Medical Center in Miami Beach, began treating Catherine, a 27-year-old woman plagued by anxiety, depression and phobias. When Weiss turned to hypnosis to help Catherine remember repressed childhood traumas, what emerged were the patient's descriptions of a dozen or so of her hitherto unknown 86 past lives, as well as philosophical messages channeled from "Master Spirits." Catherine's anxieties and phobias soon disappeared, says Weiss, and she was able to end therapy. The previously nonspiritual, scientific Weiss, awed by Catherine's and the masters' revelations, has written this book to share his new-found knowledge about "immortality and the true meaning of life." Whether or not one believes in reincarnation and channeling, Weiss's book will disappoint. Catherine's descriptions of her past lives are not particularly compelling or insightful. Moreover, the teachings of the Master Spirits ("We are not to kill. . . . Only God can punish," "Charity, hope, faith, love . . . we must all know these things," and "Our body is just a vehicle for us while we're here. It is our soul and our spirit that last forever"), while admirable and comforting, are little more than restatements of traditional religious values. Copyright 1988 Reed Business Information, Inc.

I have always been curious about past lives I may have lived. This book delves into past lives of a patient through hypnosis by her doctor, done very gently and scientifically recorded. They explain reasons for unnatural fears and how understanding can alleviate those fears. I don't believe it takes away from Heaven and God. Just adds a new dimension of understanding.

A true and believable story of a Psychiatrist's patient who was guide through her past live to heal her emotional wounds. From it and other works I do believe in reincarnation and I plan to read more of his works.

This came promptly and in good condition. I listened all the way through. I've read the book several times and enjoyed listening to the "high points" in this rendition of the book. I was disappointed that it was a less the full reading of the book, though.

A book to dwell on about the meaning of life and death and what we are to make of this whole process....

This book is amazing. Not only does it talk about past life regression and teaches us many valuable things, but it also is written by a scientist, a doctor which gives it so much more credibility. It is fascinating to read it and discover what can possibly exist beyond the realms of human everyday closed mind. This book by being so scientifically based truly opens up possibilities of countless human existence and principles of reincarnation. I am reading it over and over again, and it will truly assist those who are on their spiritual path.

An intriguing journey into what it may be to be human and beyond. Still pondering the implications of this type of reincarnation, this healing modality and what the MASTERS have to say to us.

After doctors "lost" me for over a minute I remained in a coma for 8 days and in ICU for 6 weeks after a car accident in 1982. After coming out of the coma, I began to have a recurring "dream." The "dream" was, of course, my visit to heaven - although I didn't realize this initially. Since then, I have experienced countless "unexplainable" messages, visions and knowledge of things I couldn't possibly know... Abilities I now have can't be explained and every single time I speak or travel a person will approach me to say that he or she is "One of my teachers" (word for word). The talks we have had could (possibly should) be my next book... Many years ago I embraced the gifts in order to help as many people as possible but I had given up trying to figure out the 'Whys and Hows'... until I read THIS book. It doesn't matter what you believe. I believe that the goal of this book isn't to change your belief system but to give you a greater understanding of love. Read it with an open mind and an open heart. The possibilities are endless. Most sincerely, Rhonda Spellman

Very averagely written account. Seems so dated when you read it now, without much analysis or narrative delight. In the face of many other books on such topics I wonder why this is till a 'best seller' ? Nothing much in it for me to recommend. Read it as part of a bookclub book of the month, but was disappointed.

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